



2023 SCOTTISH NATIONAL DANCE PREMIERSHIP STEPS

(RSOBHD “Scottish National Dances for RSOBHD Competitions and Scottish National Dance Premierhips” book published November 2020)

Note 1. Unless stipulated, any introduction may be danced. Male dancers must dance male introductions.

Note 2. Unless stipulated, any breaks may be danced in the Irish Jig.

Note 3. Where applicable Male Dancers must dance male methods and use stipulated arms for males.

Note 4. The order of the steps **MUST** be followed as listed below, however, dances may be danced in any order.

	7 & under 12 years	12 & under 16 years	16 years & over
IRISH JIG	Intro: 1 st Method 1 st Step: Circle 2 nd Step: Shuffling (The Scrubbing Board Step) – Turning on Bars 5 & 6 7 th Step: Donnybrook Method A 8 th Step: Cross and Clip-Heels	Intro: 2 nd Method 1 st Step: Circle 2 nd Step: Shuffling (The Scrubbing Board Step) – Turning on the break 4 th Step: The Chase or De’il on the Run Method B 7 th Step: Donnybrook Method B 8 th Step: Cross and Clip-Heels	Intro: 3 rd Method 1 st Step: Circle 4 th Step: The Chase or De’il on the Run Method A 7 th Step: Donnybrook Method C 9 th Step: Diagonal Roll 8 th Step: Cross and Clip-Heels
BLUE BONNETS	Introduction: Any method 1 st Step Alternative: Skip Change 2 nd Step: Backward Skip 3 rd Step: Assemble and Backward Skip 6 th Step: Assemble/Disassemble	Introduction: Any method 1 st Step Alternative: Skip Change 3 rd Step: Assemble and Backward Skip 5 th Step: High Cut in Front 6 th Step: Assemble/Disassemble	Introduction: Any method 1 st Step Alternative: Skip Change 2 nd Step: Backward Skip 4 th Step: Diagonal Glide (Bar 2 foot straight to 3 rd rear aerial pos) 6 th Step: Assemble/Disassemble
FLORA MACDONALD’S FANCY	Introduction: Alternative 1 st Step: Hop-Brush-Beat-Beat 2 nd Step: Syncopated Hop 5 th Step: Pas de Basque 6 th Step: Second Syncopated Hop	Introduction: Alternative 1 st Step: Hop-Brush-Beat-Beat 3 rd Step: Diagonal Travel 5 th Step: Pas de Basque 6 th Step: Second Syncopated Hop	Introduction: Alternative 1 st Step: Hop-Brush-Beat-Beat 3 rd Step 2 nd Alternative: Diagonal Travel 5 th Step: Pas de Basque 6 th Step: Second Syncopated Hop
VILLAGE MAID	Introduction: Basic 1 st Step: Hop and Travel 3 rd Step: Second Hop and Travel 5 th Step: Pas de Basque and Side Travel 6 th Step: Diamond	Introduction: Basic 1 st Step: Hop and Travel 3 rd Step: Second Hop and Travel 4 th Step: Second Russian Bourrée 6 th Step: Diamond	Introduction: Basic 1 st Step: Hop and Travel 2 nd Step: Russian Bourrée 4 th Step: Second Russian Bourrée 6 th Step: Diamond

Released – 18th July 2022